



How to listen



2 parts of active listening

1. Pay attention to the other person
2. Show respect by not interrupting

How I show I am listening:



I turn my body toward the person talking.



I look at the person.



I smile or nod my head.

When I want to speak

I wait for the other person to finish talking. I don't interrupt.



How I wait until it's my turn to talk:



I can raise my hand.



I can put my finger on my chin.



I can tilt my head.

Other things I can do: